

Peripheral neuropathy in phase 3 ASPEN study of Bruton tyrosine kinase inhibitors for Waldenström macroglobulinemia

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ABSTRACT

Background: Peripheral neuropathy (PN) is a significant cause of morbidity in patients with Waldenström macroglobulinemia (WM). Zanubrutinib and ibrutinib are covalent Bruton tyrosine kinase (BTK) inhibitors indicated for the treatment of WM, but data on their efficacy for WM-associated neuropathy specifically are limited. The phase 3, open-label ASPEN study (NCT03053440) compared the efficacy and safety of zanubrutinib with ibrutinib in patients with WM.

Aims: This ad hoc analysis examined the impact of zanubrutinib or ibrutinib treatment on PN symptoms in patients enrolled in the ASPEN trial.

Methods: Patients with relapsed/refractory WM or treatment-naïve WM unsuitable for chemoimmunotherapy were eligible for the ASPEN study. Patients with myeloid differentiation primary response 88 (*MYD88*) mutation (cohort 1) were randomized 1:1 to zanubrutinib 160 mg twice daily or ibrutinib 420 mg once daily in 28-day cycles. Patients with wild-type or undetermined *MYD88* status (cohort 2) received zanubrutinib 160 mg twice daily. All enrolled patients with symptomatic PN were included in this analysis. Association between PN and WM was not formally assessed by a neurologist. Logistic regression was performed between PN symptom resolution and several different predictors. Health-related quality of life (HRQOL) was assessed using the validated European Organization for Research and Treatment of Cancer Quality of Life Questionnaire-Core 30 (EORTC-QLQ-C30).

Results: At screening, PN was present as a symptom of WM in 49 patients (21.4% of the study population; n=27 zanubrutinib; n=22 ibrutinib). Of these, 35 patients (71.4%) experienced PN symptom resolution, with a median time to resolution of 10.1 months (range, 1-46.8). In cohort 1, 78% (14/18) and 84% (16/19) of patients who achieved major response had PN symptom resolution in the zanubrutinib and ibrutinib arms, respectively. The median time to PN symptom resolution was 4.6

months (range, 1.1-46.8) for patients receiving zanubrutinib in cohort 1 and 14.1 months (range, 1-44) for patients receiving ibrutinib. Logistic regression demonstrated a significant relationship between PN symptom resolution and both major response (HR, 10.67; $P=.003$) and lower baseline anti-MAG antibody levels (HR, 0.72; $P=.049$). Normalization of IgM levels (cutoff: minimum IgM \leq upper limit of normal) and maximum IgM percent reduction from pretreatment baseline were associated with increased likelihood of PN symptom resolution, although neither was statistically significant ($P=.0526$ and $P=.0546$, respectively). Patients who had PN symptom resolution had greater improvement in HRQOL compared with those without PN symptom resolution, according to median change from baseline to final score in EORTC-QLQ-C30 global health status (66.7 to 75.0 vs 50.0 to 54.2). Median pain score improved from 16.7 to 0 in patients with PN symptom resolution and worsened from 16.7 to 50.0 in patients without PN symptom resolution.

Conclusions: In this phase 3 international study, PN symptom resolution with BTK inhibitors correlated with the depth of disease response, with faster PN symptom resolution with zanubrutinib than ibrutinib. These improvements in symptoms may be in response to reduction in IgM levels. While further investigation incorporating detailed neurophysiological investigations is required, this analysis supports the potential use of BTK inhibitors as treatment for PN symptoms in patients with WM.