Real-World Bruton Tyrosine Kinase Inhibitor Utilization and Clinical Outcomes among Patients with Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma

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INTRODUCTION

- Bruton tyrosine kinase inhibitors (BTKis) are standard-of-care therapies for chronic lymphocytic leukemia (CLL) and small lymphocytic lymphoma (SLL) in both the frontline and relapsed/refractory settings¹
- The National Comprehensive Cancer Network has listed the second-generation BTKi acalabrutinib and next-generation zanubrutinib as preferred agents over the first-generation BTKi ibrutinib based on toxicity profiles¹
- The aim of this study was to describe the characteristics and outcomes of patients with CLL/SLL treated with BTKis in the first-line setting in community oncology practices

METHODS

- US adult patients diagnosed with CLL/SLL who initiated treatment between January 1, 2020 and November 30, 2023 were identified using the Integra Connect PrecisionQ de-identified real-world database. Patients were followed until May 30, 2024
- This matched cohort study used structured and curated data in which patients
 who initiated zanubrutinib were matched at a 1:2 ratio based on age and sex with
 patients who initiated acalabrutinib
- Time to Discontinuation (TTD):
- The index date was the initiation of BTKi in first line (1L)
- The event date was the date of discontinuing BTKi or death
- The censor date was last contact date or study end date, whichever occurred first
- Time to Next Treatment (TTNT):
- The index date was the initiation of BTKi in 1L
- The event date was the date of starting a second line of treatment or death
- The censor date was last contact date or study end date, whichever occurred first
- Overall survival (OS) used the same index and censoring date, and the event date was the date of death
- TTD, TTNT, and OS were analyzed using Kaplan-Meier (KM) method adjusted for matched-set analyses
- Cox proportional hazards regression was used to obtain hazard ratios (HRs) and 95% confidence intervals (Cls). Matched-set (age and sex) adjusted HRs and 95% Cls were also reported

RESULTS

Baseline Demographics

- A total of 414 patients were included in the study, including 138 zanubrutinib patients matched with 276 acalabrutinib patients. Baseline demographics are shown in **Table 1**
- The median duration of follow-up was 12.7 (range 1.7, 53.0) months for all patients. The median duration of follow-up was 15.3 (1.7, 53.0) months for the acalabrutinib group and 10.9 (2.3, 32.2) months for the zanubrutinib group
- The median age for both groups was 76 (range 45, 89) years, and in both groups, 37.7% were female
- Baseline Eastern Cooperative Oncology Group (ECOG) status was similar between groups, with 63.4% of patients in the acalabrutinib group and 74.6% of patients in the zanubrutinib group having an ECOG status of 0 or 1 at index

Comorbidities at Baseline

- Cytopenias were the most frequent noncardiac comorbidities in both groups at baseline. Anemia was recorded for 38.0% and 44.9% of the acalabrutinib and zanubrutinib groups, respectively; thrombocytopenia was noted in 27.9% and 29.0%, respectively; and neutropenia was noted in 9.4% and 10.1%, respectively (**Table 2**)
- Overall, 11.2% of patients in the acalabrutinib group and 14.5% of patients in the zanubrutinib group had a preexisting cardiac comorbidity. The most common baseline cardiac comorbidity in both groups was hypertension (**Table 2**)

Table 1. Baseline Patient Demographics

	Acalabrutinib (n=276)	Zanubrutinib (n=138)
Age at First-Line BTKi Initiation		
Median (range), y	76 (45, 89)	76 (45, 89)
Sex (n, %)		
Female	104 (37.7)	52 (37.7)
Male	172 (62.3)	86 (62.3)
Race (n, %)		
White	224 (81.2)	116 (84.1)
African American	14 (5.1)	8 (5.8)
Asian	2 (0.7)	0 (0.0)
Not documented/unknown/other	36 (13.0)	14 (10.1)
Ethnicity (n, %)		
Hispanic	5 (1.8)	3 (2.2)
Not Hispanic	186 (67.4)	92 (66.7)
Not documented/other	85 (30.8)	43 (31.2)
ECOG status at index (n, %)		
No. of patients with missing data (n, %)	82 (29.7)	23 (16.7)
ECOG 0	94 (34.1)	55 (39.9)
ECOG 1	81 (29.3)	48 (34.8)
ECOG 2+	19 (6.9)	12 (8.7)

BTKi, Bruton tyrosine kinase inhibitors; ECOG, Eastern Cooperative Oncology Group.

Table 2. Baseline Patient Comorbidities

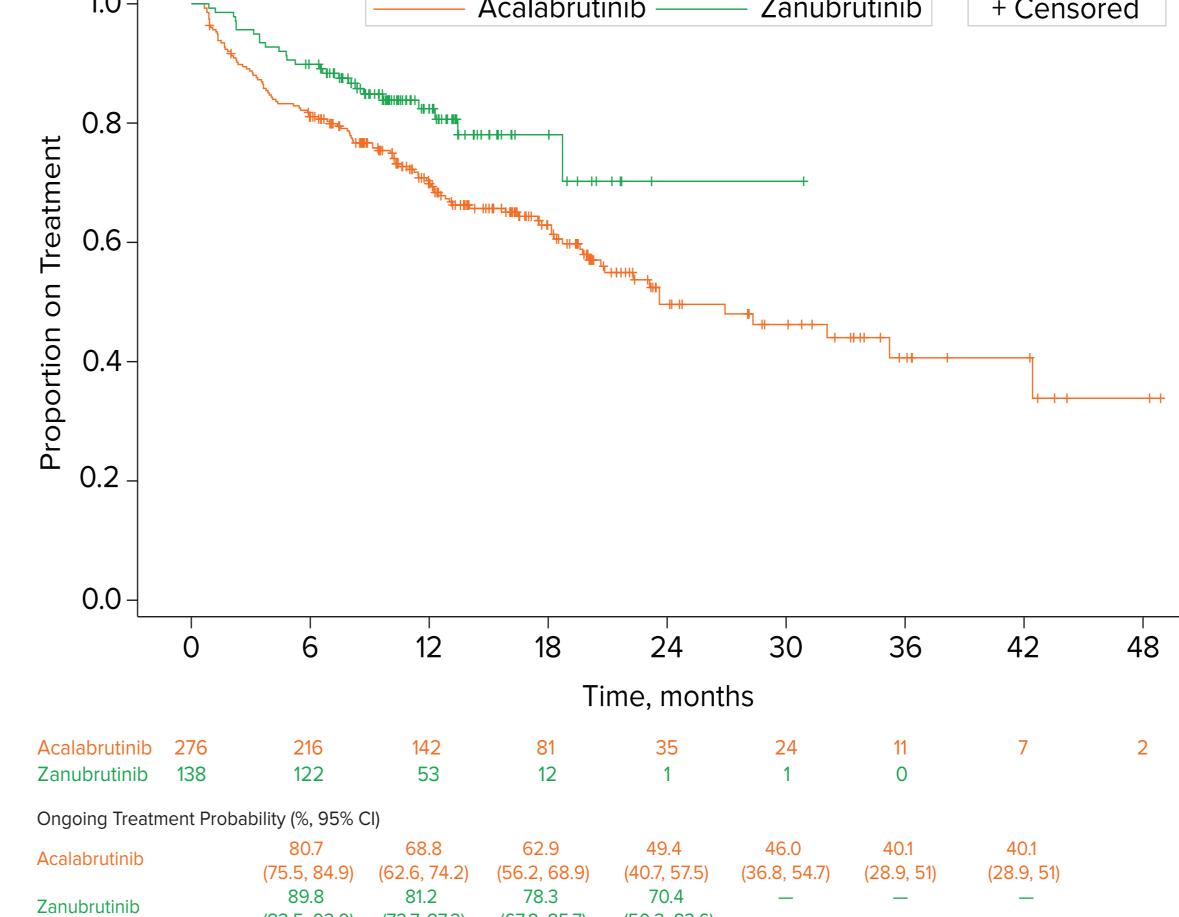
	Acalabrutinib	Zanubrutinib
	(n=276)	(n=138)
Comorbidities (n, %)		T
Anemia	105 (38.0)	62 (44.9)
Thrombocytopenia	77 (27.9)	40 (29)
Neutropenia	26 (9.4)	14 (10.1)
Renal disease	15 (5.4)	6 (4.3)
GI disease	9 (3.3)	5 (3.6)
Chronic pulmonary disease	6 (2.2)	2 (1.4)
Diabetes	6 (2.2)	7 (5.1)
GERD	2 (0.7)	4 (2.9)
Leukopenia	2 (0.7)	1 (0.7)
Cardiac comorbidities ^a , (n, %)		
Any cardiac comorbidities	31 (11.2)	20 (14.5)
Hypertension	26 (9.4)	15 (10.9)
Atrial fibrillation	6 (2.2)	4 (2.9)
Congestive heart failure	1 (0.4)	3 (2.2)
Cardiotoxicity	1 (0.4)	0 (0.0)
Myocardial infarction	1 (0.4)	0 (0.0)
Cardiac arrhythmia	0 (0.0)	2 (1.4)
Left ventricular dysfunction	0 (0.0)	0 (0.0)

^a 1-year baseline period.GERD, gastroesophageal reflux disease.

TTD or Death

- The probability of remaining on treatment at 6 months and 12 months was higher for patients receiving zanubrutinib than for those receiving acalabrutinib (**Figure 1**)
- 6 months: 80.7% (95% CI 75.5%, 84.9%) for acalabrutinib and 89.8% (95% CI 83.5%, 93.9%) for zanubrutinib; unadjusted HR (95% CI): 0.56 (0.31, 1.01), P=.05; adjusted HR (95% CI): 0.55 (0.30, 1.01), P=.06
- 12 months: 68.8% (95% CI 62.6%, 74.2%) for acalabrutinib and 81.2% (95% CI 72.7%, 87.2%) for zanubrutinib; unadjusted HR (95% CI): 0.56 (0.35, 0.89), P<.05; adjusted HR (95% CI): 0.55 (0.34, 0.90), P<.05



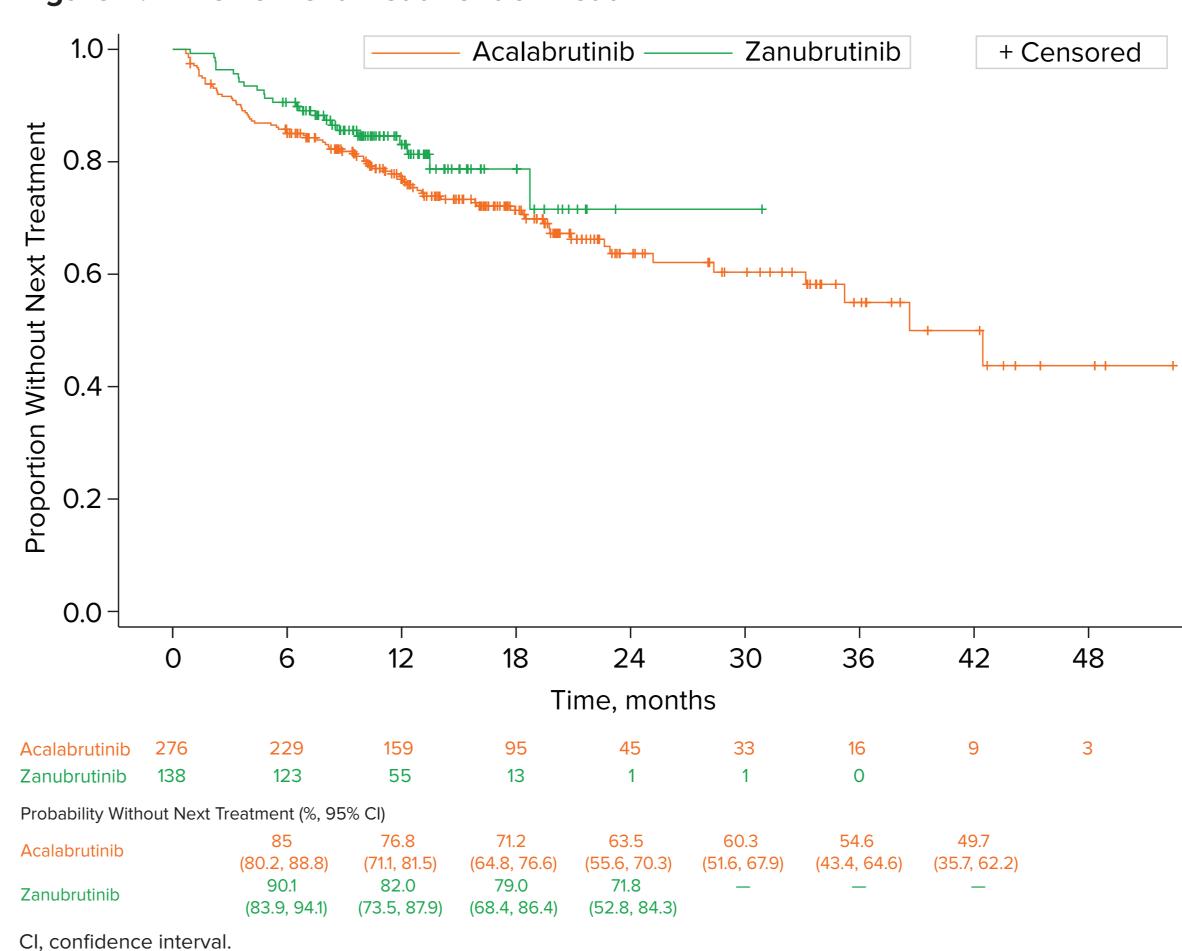


Zanubrutinib 89.8 81.2 78.3 70.4 (83.5, 93.9) (72.7, 87.2) (67.8, 85.7) (50.3, 83.6) CI, confidence interval.

TTNT or Death

- The probability of not receiving a subsequent treatment was numerically but not statistically significantly higher in the zanubrutinib group compared to the acalabrutinib group at both 6 and 12 months (**Figure 2**)
- 6 months: 85.0% (95% CI 80.2%, 88.8%) for acalabrutinib and 90.1% (95% CI 83.9%, 94.1%) for zanubrutinib; unadjusted HR (95% CI): 0.74 (0.40, 1.36), P=.33; adjusted HR (95% CI): 0.68 (0.36, 1.33), P=.29
- 12 months: 76.8% (95% CI 71.1%, 81.5%) for acalabrutinib and 82.0% (95% CI 73.5%, 87.9%) for zanubrutinib; unadjusted HR (95% CI): 0.74 (0.45, 1.21), P=.23; adjusted HR (95% CI): 0.68 (0.43, 1.19), P=.20

Figure 2. Time To Next Treatment or Death



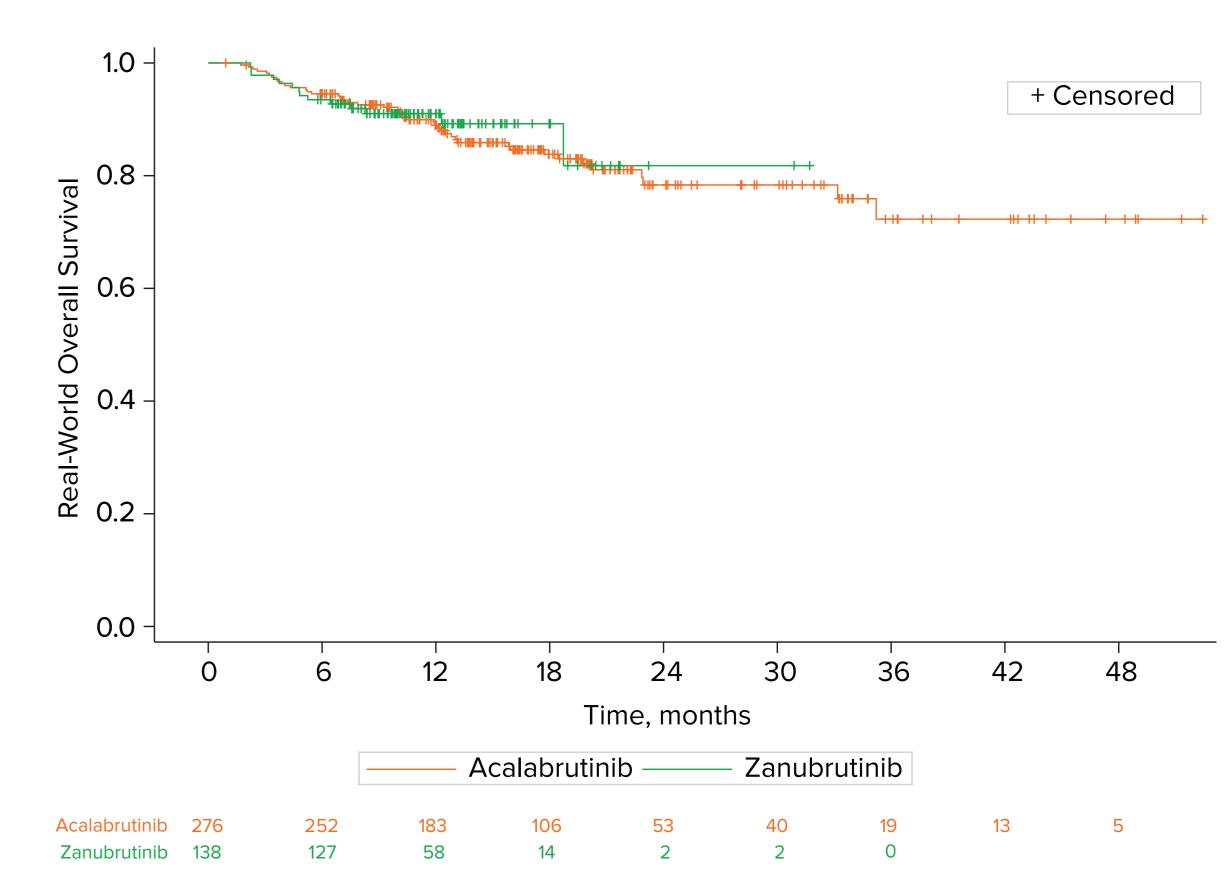
CONCLUSIONS

- This study describes the baseline demographic and clinical characteristics and outcomes of patients with CLL/SLL treated with BTKis in the first-line setting
- While zanubrutinib had shorter follow-up, patients were more likely to remain on first-line treatment at 6 and 12 months in the zanubrutinib group compared to patients in the acalabrutinib group
- Additionally, patients in the zanubrutinib group were less likely to require
 a subsequent treatment at 6 and 12 months compared to patients in the
 acalabrutinib group
- Further data curation and additional analyses are pending to understand the observed differences among BTKi utilization and outcomes in these patients with CLL/SLL

OS

Median overall survival was not reached in either the acalabrutinib or zanubrutinib group (unadjusted HR [95% CI]: 0.89 [0.48, 1.65], P=.72; adjusted HR [95% CI]: 0.87 [0.58, 2.29], P=.68) (Figure 3)

Figure 3. Overall Survival



LIMITATIONS

- This study is subject to the inherent limitation of a retrospective observational real-world database
- Zanubrutinib had shorter follow-up

REFERENCE

1. NCCN. Chronic lymphocytic leukemia/small lymphocytic leukemia. Version 1.2025. Published October 1, 2024.

STUDY SPONSORSHIP

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